

## Online Gatekeeper Training Suite for Higher Education Faculty, Staff and Students

As many as one in five students suffer from a mental disorder that may threaten their well-being or academic performance. Suicide is the leading cause of student mortality among college students. Training everyone on campus to **identify, approach and refer** students in psychological distress is an effective strategy for strengthening the safety net for all students.

Kognito gatekeeper simulations are designed specifically to address the training needs of the higher education community by offering a **research-proven** and engaging program that is easy for campuses to roll out to faculty, staff, and students. These trainings:

- Are web-based, so learners can train at their own pace and convenience
- Come with turnkey materials to assist schools in implementing the training
- Have been used by over 400 colleges and universities nationwide

### 6 Fully Interactive, Avatar-Based Training Simulations: Build Skills Through Role-play

Take on the role of a faculty/staff member or student, and practice helping a student in distress. The trainings are all online and can be completed in an hour or less.

#### At-Risk



Suicide Prevention and Gatekeeper Training for:

- Faculty & Staff
- Students (*listed in NREPP*)

#### Veterans on Campus



Military Cultural Competency and Gatekeeper Training for:

- Faculty & Staff
- Student Veterans

#### LGBTQ on Campus



Training to Build a Supportive Community for LGBTQ for:

- Faculty & Staff
- Students

*At-Risk for Faculty & Staff, At-Risk for College Students, and Veterans on Campus for Faculty & Staff* are listed in the Suicide Prevention Resource Center/American Foundation for Suicide Prevention Best Practices Registry

**California Community Colleges: Access the no-cost training and marketing materials at**

<http://kognito.com/cc>



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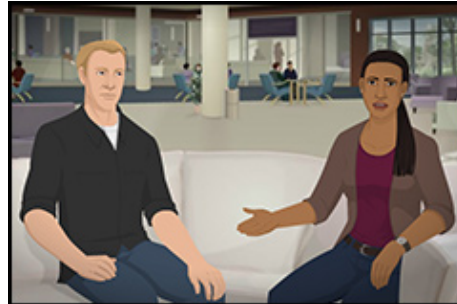
# Kognito Online Training Simulations

This suite of **online trainings** uses learner-specific **practice conversations** to **build gatekeeper skills** to identify, approach and refer students in distress.



### At-Risk for Faculty & Staff:

Gatekeeper training for faculty and staff to support students in distress.



### Veterans on Campus for Faculty & Staff:

Create a supportive campus for student veterans.



### LGBTQ on Campus for Faculty & Staff:

Create an inclusive environment for LGBTQ students.



### At-Risk for Student Leaders:

Gatekeeper training for students to support fellow students in distress.



### Veterans on Campus Peer to Peer:

Training for student veterans to more effectively support their peers.



### LGBTQ on Campus for Students:

Create an inclusive environment for LGBTQ students.

## Key Features

- ▶ Online, 24/7 accessibility
- ▶ Built-in assessment & tracking
- ▶ Easy and scalable rollout
- ▶ Interactive role play
- ▶ Personalized feedback
- ▶ Customized local resources page

<http://resources.kognito.com/ccc/trainings>



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These trainings are made available to California community colleges through the CCC Student Mental Health Program, a partnership between the Chancellor's Office and the Foundation for California Community Colleges funded through a grant from the California Mental Health Services Authority (CalMHSA). CalMHSA is an organization of county governments working to improve mental health outcomes for individuals, families and communities. CalMHSA administers programs funded by the voter approved Mental Health Services Act (Prop. 63) on a statewide, regional and local basis.



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