Sarah’s Syllabus Statement

FLIPPED Classroom and Success Group Activities:

This is a flipped classroom. There will be group activities that, at times, will require groups to meet, or have contact, outside of the scheduled class period. The majority of flipping activities will have class time available for the work to be completed. As per college and academic standards, you should expect to spend 2 hours outside of class for each hour of class time. This time will largely be spent learning the chapter content so you can be prepared for classroom activities.

During Success Group presentations, all students are expected to be engaged and active learners. This means paying attention, taking notes and asking questions. In class assessments may be done based upon what is taught by your peers in these presentations.

Group Presentations will be graded. Participation Self Score reports will be given, one to each group, for each student in the groups to self score their level of participation. If you did not participate to your fullest level of ability and meet your groups expectations, you should score yourself accordingly. If you worked hard and did a stellar job and showed leadership, you should score high and be proud!

Canvas Home Page Statement:

This class is a flipped classroom. That means your participation, preparation, and cooperation are required.  My intention is that students become active learners, learn better, and learn more.

|  |  |  |
| --- | --- | --- |
| Per Serving | Oikos Triple Zero Greek Yogurt | Special K Protein Shake Milk Chocolate |
| Serving Size:  Would you eat more or less of this serving? | More or Less | More or Less |
| Calories: |  |  |
| Protein: |  |  |
| Dietary Fiber: |  |  |
| Sugars: | Artificial or Natural | Artificial or Natural |
| Nutrients over 20% |  |  |

Which food group do these products fit into?

What helpful or important information does the ingredient list provide for you?

Which of these products would be a better choice for you, and why?